

Heartline

During Heartline, we ask that you consider the following:

I am more than my physical body.

I am more than my personality.

*I am responsible for everything in my life.
This includes parents, siblings, relationships, work feeling, thoughts, etc.*

There are no “accidents.”

*I have chosen to be here at this time to journey into heartspace,
to learn more about my total self, to know that I am love here in the earth life system
as well as there in the less dense frequencies.*

*I understand that as I move into the heartspace energy,
That I may feel some pain, sorrow, perhaps rage leftover from childhood or unresolved
past experiences. This is natural and part of the release work for some to turn their
blocks into bridges as we move into the corridors of the heart center.*

This week, I am invited to acknowledge my feelings.

*This week, I am invited to observe, feel and experience my feelings and release those
feelings no longer serving my stated purpose, which is know that I am love,*

This week is a gift to myself.

*Hemi-Sync tapes, tools and focus levels will support my process. The group energy and
facilitators will support my process. I am the magic, the creative energy that makes it
happen.*

*I give myself permission to ask for help form all available sources that serve my highest
good and the highest good of those around me.*

Listen . . . Learn . . . Laugh . . . Learn . . . Love . . . Learn . . .

